



1. Choose 1, 2 or 3 Top-It™ Skills from the quarterly 288 skills list
2. Video assess each skill for a BOM (Beginning of Month) level
3. Enter all the information into this tracking sheet before starting
4. Practice skills for 20 minutes each, 20 IAM, 20 IAR or 31 IAR days
5. Enter daily achievements under each day of the month (e.g. 7. is the 7th)
6. Have parent initial verifying daily work for each skill on this sheet
7. FASTTT™ Practice - Form, Accuracy, Style, Tempo assess Time & Touches
8. At EOM (End of Month) total minutes & days at bottom of skill's columns
9. Video record, assess & enter each skill for EOM (End of Month) level
10. Turn in a copy of this sheet for WABA award evaluation, WABAON!

KEY	
	3 Skills = Every Day In A Row
	1 or 2 Skills = Every Day In A Row
	1, 2 or 3 Skills = 20 Days In A Row
	1, 2 or 3 Skills = Any 20 Days In A Month

Athlete's Name \_\_\_\_\_ Month \_\_\_\_\_ Year \_\_\_\_\_  
 Top-It™ Skill A \_\_\_\_\_ BOM Level \_\_\_\_\_ EOM Level \_\_\_\_\_  
 Top-It™ Skill B \_\_\_\_\_ BOM Level \_\_\_\_\_ EOM Level \_\_\_\_\_  
 Top-It™ Skill C \_\_\_\_\_ BOM Level \_\_\_\_\_ EOM Level \_\_\_\_\_

	Skill A Min	Int.	Skill B Min	Int.	Skill C Min	Int.
1.	_____	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____	_____
11.	_____	_____	_____	_____	_____	_____
12.	_____	_____	_____	_____	_____	_____
13.	_____	_____	_____	_____	_____	_____
14.	_____	_____	_____	_____	_____	_____
15.	_____	_____	_____	_____	_____	_____
16.	_____	_____	_____	_____	_____	_____
17.	_____	_____	_____	_____	_____	_____
18.	_____	_____	_____	_____	_____	_____
19.	_____	_____	_____	_____	_____	_____
20.	_____	_____	_____	_____	_____	_____
21.	_____	_____	_____	_____	_____	_____
22.	_____	_____	_____	_____	_____	_____
23.	_____	_____	_____	_____	_____	_____
24.	_____	_____	_____	_____	_____	_____
25.	_____	_____	_____	_____	_____	_____
26.	_____	_____	_____	_____	_____	_____
27.	_____	_____	_____	_____	_____	_____
28.	_____	_____	_____	_____	_____	_____
29.	_____	_____	_____	_____	_____	_____
30.	_____	_____	_____	_____	_____	_____
31.	_____	_____	_____	_____	_____	_____

Skill A Total Min/Days  
 \_\_\_\_\_ / \_\_\_\_\_

Award A  
 \_\_\_\_\_

Skill B Total Min/Days  
 \_\_\_\_\_ / \_\_\_\_\_

Award B  
 \_\_\_\_\_

Skill C Total Min/Days  
 \_\_\_\_\_ / \_\_\_\_\_

Award C  
 \_\_\_\_\_

“Don’t practice until you get it right. Practice until you can’t get it wrong.” - Andrea Pirlo